

Print this off, keep in a safe place as you will use this every day!							
Completed	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Play 18 holes - what was your score?							
Core Value Blog Reading							
Week 1: Establish Core Fundamentals							
Focus - Full Swing Fundamentals							
PGA Tour Putting Test							
Golf Course Practice							
Putting Drills -							
PGA Tour Putting Test							
Full Swing Practice -							
Pitch shot warm up							
Used impact ball for warm up							
Half swings							
5 set up fundamental set up practice							
Feet together tempo drill							
Block practice working on solid set up and tempo							
Play 9 holes on range							
At Home Practice							
Complete entire at home plan 4 times per week							
What I learned today worksheet							
Putting Drills							
Used alignment sticks for feet and club direction							
Used putting arc to feel proper swing arc							
Went through set up routine before each putt							
Short Game for Impact Drills							
Hit 30 shots with soft practice balls							
focused on set up and proper impact, slower speed							
Full Swing Practice							
3 sets of 10 swings with 5 swing super sets							

focus on set up and slow speeds							
Reading							
Practice with a Purpose							